



DRIVER FATIGUE MANAGEMENT POLICY- Legal

Policy objective

We are committed to providing passengers with a safe and reliable commercial passenger service.

Our driver fatigue management policy aims to ensure that drivers are fit to drive while undertaking a passenger service for Vibe Rides customers.

As part of Vibe Rides commitment to safety and fatigue management, drivers may be temporarily locked out of the Vibe Rides driver app after long periods of activity.

By accepting the terms of registration with Vibe Rides, you agree to comply with this driver fatigue management policy and with any reasonable instruction, safety policy or procedure adopted by Vibe Rides

Fatigue

What is fatigue?

Fatigue means a gradual loss of alertness that leads to occasional micro sleeps (or 'nodding off') and then sleep. Driver fatigue can be caused by too little sleep, driving when you would normally be asleep or remaining awake and driving for extended periods of time.

The effects of driver fatigue include:

- slowed reactions and decisions;
- decreased tolerance for other road users;
- poor lane tracking and maintenance of speed; and
- decreased alertness.

Danger signs

Danger signs that you are suffering from driver fatigue include:

- wandering thoughts;
- missing a gear, road sign or exit;
- slowing unintentionally;
- braking too late;
- excessive yawning;
- blinking more than usual or sore eyes;
- difficulty keeping your head up; and
- noticing your eyes closing involuntarily.



Fatigue management

Driver fatigue is a significant safety hazard to you, your passengers and other road users.

Fatigue reduces attentiveness and alertness to dangers, slows reaction times and can lead to micro sleeps – factors contributing to the risk of a road crash. To mitigate against this risk, you should avoid driving tired.

The risks associated with fatigue are best managed before you start driving by ensuring you regularly get enough sleep and avoid driving for lengthy periods of time or following a full day's work.

The risks associated with fatigue are best managed when you are driving by:

- taking regular breaks – we recommend taking a break of at least 10 minutes every two hours to avoid driver fatigue;
- avoiding alcohol – Vibe Rides has a zero-tolerance policy towards alcohol consumption which requires drivers to maintain a blood alcohol concentration of 0.00 at all times while providing a Vibe Rides service;
- avoiding medications that cause drowsiness – find out if any medication you are taking may induce fatigue or affect your driving;
- avoiding driving when sleep deprived – we recommend that you do not drive after being awake for more than 15 hours; and
- being aware of the risks – you should familiarize yourself with the danger signs of fatigue and stop driving immediately if you notice that you are suffering from fatigue.